

Tiger Run (Saturday, August 30)

Race distance: 5k (4k for Freshmen)

Location: Champions Park (River Road Country Club)

We're asking as many girls as possible to try and attend this race in order to support their teammates, many of whom will be running in their first HS race. We understand if you're out of town or definitely unable to attend, but please consider attending if you are able. If you've never been to Tiger Run, you'll be impressed with the atmosphere – it's one of the best events of the season and a great introduction to HS Cross Country!

Girls who are not competing, you should try to arrive by 9:30am. Expected arrival times for the Varsity and JV races are provided with the entries below. Girls, please also be thinking ahead about fun ways to support our team at this meet.

The entries for Tiger Run are provided below. Please note the arrival time for your race.

Varsity race (5k)
arrive by 8:30am
(race start 10:15am)

Varsity Team:

Maddie Cardosi
Alyssa KK
Stephanie Lydon
Gina Passanisi
Julia Reibel
Kaylee Sowers

JV race (5k)
arrive by 9:30am
(race start 11:45am)

JV Team A:

Madison Browning
McKenzie Browning
Lauryn Grady
~~Nicole Grendi~~
Ella Kostecki
Jenna Kostecki
Molly O'Dea
Natalie Parrott
Emily Wiegel
Halli Wilkinson
Ally Korfhage

JV Team B:

Emma Baron
Bayley Brewer
~~Isabel Caddo~~
Cortney Crump
Catherine DeMuth
Katherine Harrod
~~Ally Korfhage~~
Lacy Magre
Elliot Noe
Ally Priebe
Allie Thomas

JV Team C:

~~Allie Thomas~~

Freshman race (4k)
arrive by 10:00am
(race start 12:30pm)

Freshman Team:

Melanie Duckworth
Rachel O'Bryan
Avery Snook
Sarah Whalen
~~Molly Williams~~
Grace Schoettmer

We will run the course at about 8:50-9:00am for those who are interested. Once the meet begins, it's more difficult to get on the course. Varsity girls will warm up as a team, JV girls will warm up as a team and the freshman girls will warm up as a team. Be aware that the only restrooms at the meet are porta-potties.

Meet stuff: please wear your podium shirt over the white uniform top and black spandex (volleyball-style shorts). Other than a watch, you should not wear more than minimal jewelry.

Parking: parking is on the grass by the Water Tower. Traffic on Tiger Run day is typically heavy. Please anticipate some delays with parking (e.g. 10-15 minutes of sitting in a line of cars, walking to the meet, etc) and plan your arrival accordingly. When you arrive at the meet, look for the Assumption tent – *which will be backed up against trees/bushes along River Road.*

Note that early arrivals can often park along River Road, but please do not park in the lots of any local business in that area as they tend to get very upset and call the tow truck.

Traffic: the meet is at River Road Country Club, which is on the corner of Zorn Avenue and River Road (by the Zorn Ave exit from I-71). If you're not familiar with this area, then be aware that River Road can be a dangerous place to cross the street. They should have a crossing guard, but you still need to pay attention, particularly with any small kids, teenagers who like to text message while walking, etc. I would also expect the police to issue citations for any and all parking violations and that they will definitely tow violating cars away.